



Monthly Market Insights

September 2026



Commentary

September followed the same pattern as the previous months with prices continuing to rise. 3 year highs were hit in the markets early in September, they have softened slightly from that position now however.

The geopolitical situation with Iran and the US remains the main driver in the market as tensions have continued. Qatari mediators have been trying to help the US and Iran reach an agreement to stop the attacks again and ultimately work towards another memorandum of understanding being signed similar to the previous one in June that ran for two months and allowed the Strait of Hormuz to reopen, ultimately prices are unlikely to decrease until an agreement is reached.

The latest offer has been rejected by the US but talks do continue with hopes of an agreement being reached shortly. These negotiations will be the main focus over the coming days. President Trump stated that the US would either reach a deal with Iran or 'blow them up' sending very conflicting signals to the markets.

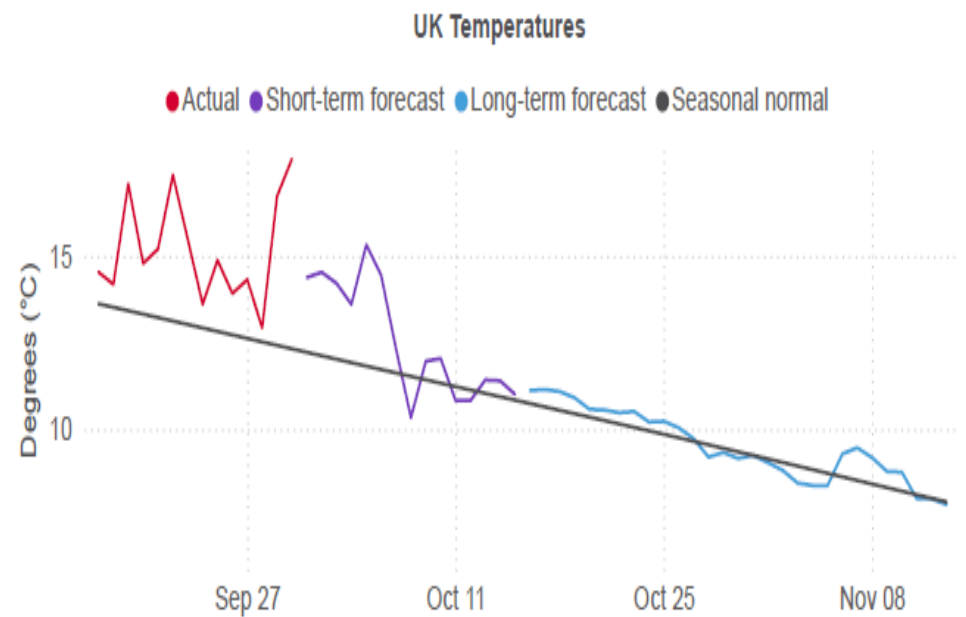
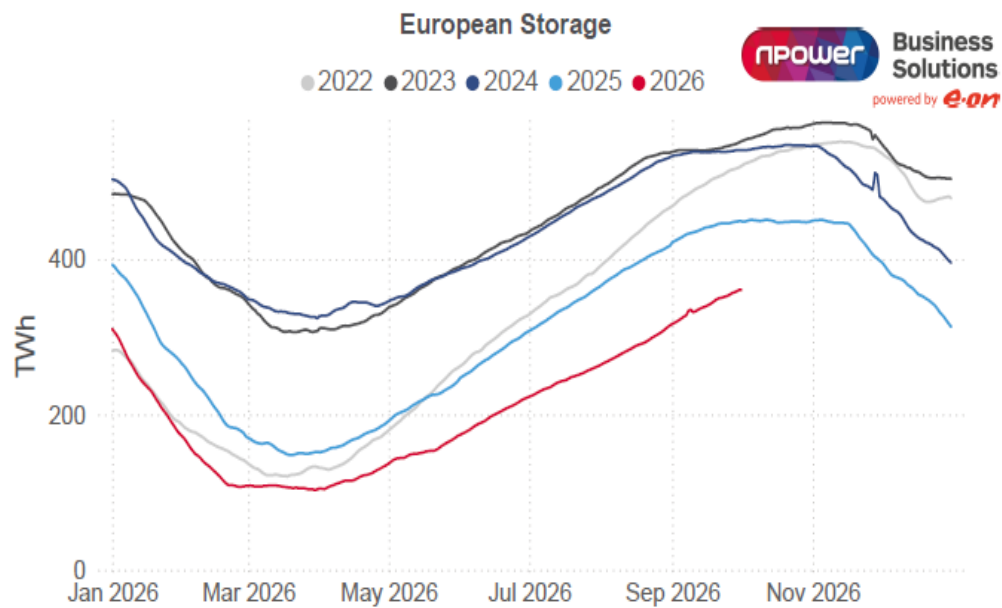
Storage levels do still remain below target for this time of the year but some of the fears about low storage have been eased slightly with improved weather forecasts into November. A super El Nino is currently forecast and this typically means we could see more wet and stormy weather for the back end of 2026 instead of really cold spells.

The Netherlands and Germany have advised of revised storage levels for Winter which could have some impact on demand but as yet there haven't been any updates regarding UK storage levels. Traffic has rapidly decreased in the Strait of Hormuz again and LNG export from Qatar has returned to minimal levels.

In adjacent markets, oil prices rose again throughout September. Inflation rates have held at 3.75% again despite the perceived risk in the markets.

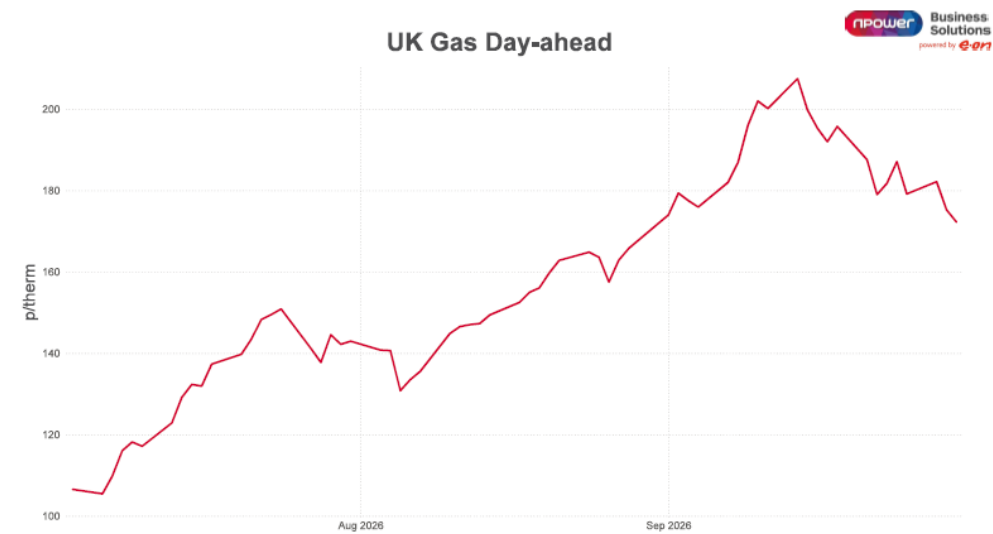
Fundamental drivers

- **European storage** Lower than normal levels of storage for this time of year. Not currently on track for 80% target by end of the year.
- **Norwegian flows** Some disruption with unplanned outages, equivalent of two LNG cargos lost
- **Geopolitics** The conflict in Iran remains the main driver due to the knock on effect with production and transportation of LNG. It remains to be seen if an agreement can be reached. The Market now tends to be more heavily dictated by news headlines, speeches and social media posts instead of the typical fundamentals.
- **Temperatures** We've had an above seasonal normal month again weather wise throughout September. Milder weather is forecast to continue as Winter approaches hopefully easing some supply concerns.

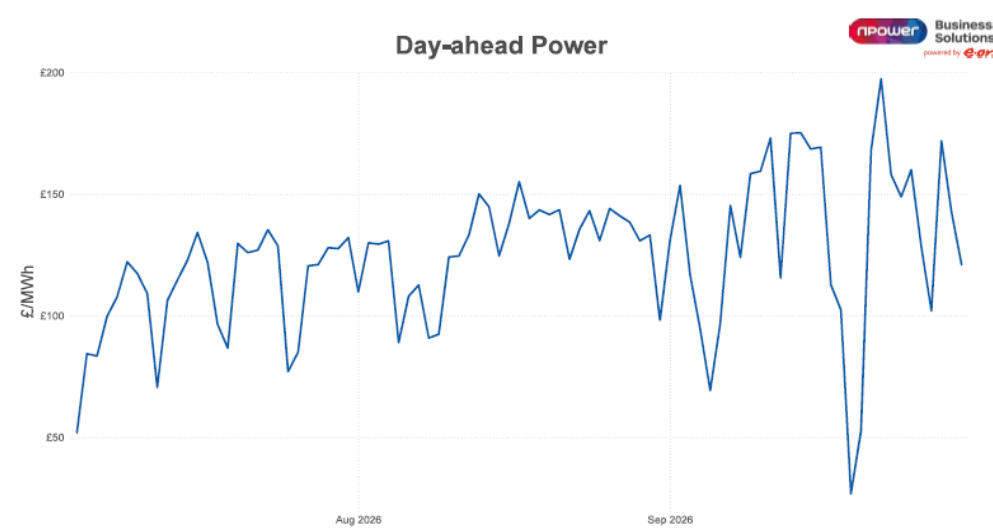


Markets – Day Ahead Price History

UK Gas



UK Power



Outlook

Looking ahead, the market is likely to remain reactive to developments in global gas supply, geopolitical tensions, and the progress of storage injections across Europe. While softer summer demand and stronger renewable generation may continue to cap near-term volatility, the broader outlook remains finely balanced. For customers, this reinforces the importance of keeping a close eye on market opportunities and maintaining a clear procurement strategy, particularly where contracts are due for renewal over the coming months.

From a commercial perspective, the market continues to present both risk and opportunity. While stronger renewable generation and softer seasonal demand may help contain short-term volatility, customers should remain alert to any movement in gas supply, storage progress or geopolitical developments that could quickly shift pricing. For organisations approaching renewal, maintaining a clear purchasing strategy and being ready to act on favourable market windows will remain key to managing budget exposure over the months ahead.

